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# Britney Spears' Heart To Heart



## Synopsis

American singing sensation Britney Spears and her mom talk about life, love, fame, and following your dreams. Britney Spears makes success look simple. As Brit will tell you, though, success is hard work--you need talent, belief in yourself, and someone else who believes in you. For Britney, that person has always been her mother, Lynne Spears, who is not just Britney's mama but also her best friend. In Britney Spears' *Heart to Heart*, Britney and Lynne share the inspiring story of how one little girl from Kentwood, Louisiana, turned into a music phenomenon. From the days of singing at talent shows and family gatherings to recording ". . . Baby One More Time" and performing with NSYNC, Britney and Lynne share intimate details about Britney's rise to stardom. But this book is much more than just the story of Britney's life. In their own words, Lynne and Britney talk openly about the challenges facing all mothers and daughters. How do you encourage your child? How do you talk to your mom? How do you overcome obstacles? How do you put together your own "dream team" that will always be there for you? How do you deal with success--and failure? How do you talk about dating and relationships, dress codes, self-esteem, and body image? Featuring never-before-seen photos and dozens of behind-the-scenes stories about life at home, in the studio, and on the road, Britney Spears' *Heart to Heart* is not only a must-have for Britney fans, it's also an honest look at what it's like for girls to grow up in today's world. Here's straight talk from the heart, from a mother and daughter who know that love, faith, and family always come first.

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## Customer Reviews

Britney Spears' follow-up album to ". . . Baby One More Time," "Â Â Â Â her multiplatinum debut, is "Oops! . . . I Did It Again." Lynne Spears teaches grade school in Kentwood, Louisiana. She is the mother of Bryan, Britney, and Jamie Lynn Spears.

MyÂ Â Â Â mama, Lynne, lights up a room when she walks into it. She just radiates warmth, and it's the most wonderful feeling in the world to be around her. People are simply drawn to her, and the friends she has are her friends forever -- and then some. That's why I'm so lucky that she's my best friend. What we have between us is something rare. The older I get, the more I realize that. Growing up, I knew so many girls who used to fight all the time with their moms -- over everything, it seemed: boys, clothes, curfews -- and that used to make me so sad. I wished they could all have a mom like mine. (Although my brother, my sister, and I would've hated to share her with anyone else!) She is the strongest, bravest, most generous person I have ever known, and I'd be truly blessed if even just a little bit of that has rubbed off on me. An interviewer once asked me what I thought was the key to success. Well, I think it takes three very important things: (1) talent, (2) a belief in yourself, and (3) someone who believes in you. My mama was and is that someone. I wanted to write this book so people could understand what a special bond we have between us and how much we've depended on each other over the years -- through good times and tough ones (and there have been some tough ones). I hope that in sharing our story we'll inspire mothers and daughters to open their hearts to one another. It would also be great to be able to encourage kids to follow their dreams and not to be scared to set high goals. I'm living proof that you can succeed, no matter where you're from or how little you have. My family didn't have a whole lot of "things" when I was growing up, but we had one another. Back home, folks always joke that my mama and I can complete each other's sentences. It's true -- and besides that, she calls me at exactly the moment I need her most. Don't ask me how she does it. Somehow she senses what I'm feeling, even if we're thousands of miles apart. So I'd tell her right now just how much I love her, but she already knows.

Britney Spears-----Britney and I would go to the moon for each other. Mothers and daughters aren't always as close as we are, especially during the teenage years. It's a hard time, and there's potential for a lot of misunderstanding. People say there's a generation gap. Well, I don't really believe that. We've always managed to put any differences aside and focus on what is the key to any good relationship -- love and respect for each other. You can love your child and you can love your mama (that's nature's way), but it is important to truly like your child and your mama, too. Kids will make mistakes; they'll do things they shouldn't. That's a given. But didn't we all make mistakes when we were younger? I always try to remind

myself of that and stay as open-minded as possible. (I just love it when Brit tells me I'm "cool.") Maybe I don't understand everything that she likes or does (the belly-button-piercing thing I just do not get!), but I give her room to learn, room to explore, room to grow. Which doesn't mean I don't worry -- that's a mother's job, after all. But I know that she's got a good head on her shoulders and a big heart, and they'll be her guides when I can't be with her. I certainly don't want any of the credit for Britney's success. She's earned that all by herself. I haven't done anything more for my daughter than any good mother would do: I just nurtured her on her path. I believed that Britney had a great gift and that she should use it, if that's what her heart was telling her to do. There were people along the way who told me I was doing the wrong thing, that I was building up her hopes and it could only lead to heartbreak. What kid from Kentwood, Louisiana, ever went on to become a pop star, much less by the age of seventeen? But just because no one had done it before didn't mean Britney couldn't. Someone had to be the first, so why not her? I knew there'd be plenty of obstacles in her path, and I tried my best to prepare her for them and help her jump those hurdles as they came along. I'm an elementary-school teacher and I love to teach, so of course I'd like everyone to learn something from our experiences. This book is a wonderful chance for me to share some of the things I've learned while raising Brit, her brother, Bryan, and her little sister, Jamie Lynn. Lesson 1: Being a parent is more than just helping with homework, kissing scraped knees, or nursing the chicken pox. It's a lifelong job and it's the most challenging -- yet the most rewarding -- one you will ever have. Lesson 2: There's no book on how to be the perfect parent, no rules to follow. (And I'm thankful for that because I probably broke them all!) Every child is special and unique, and you just do the very best you can. And finally, Lesson 3: There is no greater joy than finding your meaning in life -- except maybe helping someone you love find hers. Writing this book with Brit has been a labor of love for both of us. We've shared so much over the past eighteen years, and we still do. (You should see our phone bills!) What I hope you take away from our efforts is a better understanding of who Britney is (who knows her better than her mama?) and of the power of love, faith, and family. If you believe in these things and follow your heart, the sky is the limit. Lynne Spears

The book was written in the year of 2000, and is about Britney's life and the beginning of her career from when she was a young kid up to the first single of her second album *Oops! I did it again*. Britney and her mom, Lynne Spears, share their thoughts, feelings and facts about their relationship, family and friends, and of course, Britney's talent and hard work. Very easy language, lots of pictures with descriptions. Great for Britney's fans to have!

My daughter really enjoyed the book

Since I am a big fan, I enjoyed reading this book. It was in good conditions like new. Lots of pictures!

I like this book a lot, it tells so much about Britney and it tells a lot about behind the scenes things that go on. I have been a fan of hers for a while now, but now I am an even bigger fan. I love this girl.

When Britney first came out, I thought she was just another singer. Then, as I saw the interviews, I noticed, she's just a normal teenage girl. She kind of reminded me of me. Then, when I read this book, I was blown away. I thought I was weird for having a close relationship with my mother. Apparently, I'm not the only one who's close to their mom. Britney and her mom are like best friends and their relationship is almost exactly like mine with my mother. This book tells how Britney grew up poor, but rich. Her family may not have always had enough money or even phone service, but she still had love. The respect that her family has for one another is amazing. She had a terrific relationship with her brother, who in typical big-brother fashion, watched over her like a hawk. She has an adorable little sister who admires her. Britney learned to sing when she was 3. She started dancing the year before. She always loved to perform, but was always so shy about regular conversations. This book tells the story of the famous teen pop star in a rags to riches sort of way. It examines her friendships, her MMC days, and things teenage girls and moms have to talk about. It shows that with a little faith and love, you can go so far. This book also has a ton of great pictures (including some of Justin and JC of \*NSYNC and Christina Aguilera). I think if you want to read a touching mother-daughter book or you're a Britney fan, you should get this book. It's amazing.

I think this book is excellent. Not only are the pics good, but Britney and Lynne express their feelings in a "i dunno how to describe" way. I used to call Britney Spears Broccoli Spears but after my penpal in the US bought her new album Oops...I did it again and her book for me, I've changed my mind. But there is one minor drawback of Britney. No offence, but she is obsessed with dots. Eg: Baby One More Time. and Oops...I Did It Again. See!

This book puts all those "Unofficial Biographies of Britney Spears" to shame. This is in Britney and her mother's words. You don't have someone else telling her story. This book succeeds on many

levels. First of all, I love the pictures. I don't think I had ever seen a picture of Britney's father before, but this book has it. There are many never-before-seen pictures in this book, and this reviewer loves pictures. Another thing I like about this book is that you get both Britney and her mother's perspectives. I will admit that some of it is a little cheesy, but not too the point that it turned me away. I found out way more in this book than I ever did in all those unofficial biographies. There are many great stories in here. Stuff like her time in the Mickey Mouse Club, and her experience in recording that first CD. By now everyone has already heard these stories a million times, but if you want to hear them from Britney's perspective, this is the way to go. I won't ruin the book by telling you everything that's in it. I was pleasantly surprised at the many things I didn't know about Britney included in this book. Of course, I got this when it first came out, so anyone not a Britney fan probably knows all this stuff by now. But still, it is a great book. In short, every Britney fan should have this. It is a must if you follow her career and would like to know a little more insight about today reigning pop queen. By the way - Happy 20th Birthday to Britney AND me! WOO-HOO!!

Britney and Lynne Spears have done a wonderful job writing Britney's life story. The book chronicles Britney's entire life from her birth to after the release of "Oops, I Did It Again". The book shows that Britney wasn't always rich, in fact her family did go through some financial problems. Britney and Lynne also write about how from an early age Britney showed her talent for singing and dancing. I specifically enjoyed reading about Britney's childhood, there is a lot of information about young Britney that I loved reading about. It was also interesting to learn about how Britney got her record deal, and how nervous she and her mom were before her audition- the same one that ended up giving Britney a record deal! Britney and Lynne talk about mother-and-daughter issues, such as clothes, serious issues (such as sex and drugs), how to help each other overcome obstacles, and more. This was an awesome book, perfect for any Britney Spears fan. There were also tons of cool pictures, of Britney from when she was a baby, as a child, a teen, and all the way up to the year 2000. However, I feel as though Britney and Lynne should write another updated edition of the book soon, as it has been a while!

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